

GENDER AFFIRMING BIRTH WORK

private and organizational
training & education services

*with Moss Froom
trans & queer centered
full spectrum doula*



Need some help preparing yourself and your team to support trans & queer families?

Moss' workshops and training services are designed to support your birth work or perinatal-related business through your process of adapting to a gender affirming practice!

Gender Affirming Birth Work Workshops:

Gender Affirming Birth Work 101

1.5-2 hours

Topics include:

- Context for the issues and experiences facing queer & trans families
- Common use terms & definitions for trans identities & experiences
- Gender open & affirming language for pregnancy and birth related topics
- Best practices for providing gender affirming perinatal support
- Time and space to practice, ask questions, and discuss practical applications

Gender Affirming Birth Work 201

1.5-2 hours

Topics include:

- Trans-supportive pre-natal discussions
- Supporting a client who's being misgendered
- Supporting a client who's feeling dysphoric
- Creating your trans-affirming referrals list
- Dispelling myths about trans reproductive issues
- Time and space to ask questions and discuss practical applications

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Packages

Seeds package: \$1100

- Gender affirming birth work 101 and 201 workshops taught privately for you and your team
- One 1-hour debrief call where we'll dig in to applying a gender affirming birth work model to your practice

Sprouts package: \$1700

- Gender affirming birth work 101 and 201 workshops taught privately for you and your team
- Four 1-hour coaching calls to be used over the span of four months where we will plan adaptations for your particular practice, and provide support for your progress
- A review and edit of your paperwork and in-house resources

Leaves package: \$1800

- Four 1-hour coaching calls to be used over the span of four months where we will plan and execute adaptations for your particular practice
- A review and edit of your paperwork and in-house resources
- Assistance with the creation of one new in-house resource
- A review and edit of your website

Trees package: \$3600

- Custom Gender Affirming Birth Work Workshop created specifically and taught privately for you and your team
- Twelve 1-hour coaching calls to be used over the span of one year where we will plan and execute adaptations of your particular practice, and work together over the long-term as your practice grows and new challenges arise
- A review and edit of your paperwork and in-house resources
- Assistance with the creation of new in-house resources
- A review and edit of your website





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Individual services:

- Gender Affirming Birth Work 101 or 201, \$600
- Gender Affirming Birth work 101 & 201, \$1000
- Custom Workshop, \$1000
- One 1-hour coaching call, \$100

Package add-ons:

- One 1-hour coaching call, \$100
- Review and edit of one form, \$200
- Review and edit of one in-house resource, \$200
- Review and edit of your website, \$500
- Assistance with creation of one new in-house resource, \$500

Please email Moss at moss.froom@gmail.com to schedule your complimentary 15 minute consultation to help choose the right package for you and your team.

